



The 3 Syndromes Study Research Team is looking for you!

The University of Birmingham research team has started a new research project about challenging behaviour and family wellbeing in children and adults with Cornelia de Lange, Angelman and Cri du Chat syndromes. Our research team has now expanded to include research teams in both London and North Wales so that we are now able to get in touch with more families and children around the UK.

In this project we are inviting children and adults aged between *4 and 19* years who are showing aggressive or self-injurious behaviour *at least once a day* to take part in the study. At this stage we would simply like to inform you of the study and ask any families of children and adults who are engaging in these behaviours to get in touch with us.

- **How do we define aggressive behaviour?** Aggressive behaviour includes any behaviour which may cause physical discomfort or possible harm to another person including hair pulling, grabbing, scratching, pushing, kicking, biting, hitting etc. It may well be that the person doesn't mean to hurt others or is too small to hurt others. For this project we would still be interested in hearing from you.
- **How do we define self-injurious behaviour?** Self-injurious behaviour includes any behaviour which may cause physical discomfort (including reddening of the skin or bruising) or harm to the person such as picking, biting, tapping, hitting, banging, scratching etc.

If the person you care for shows either or both of the above behaviours at least once a day *or* they show something like self-injury or aggression but you're not sure if they could be included, then please contact Professor Chris Oliver at the University of Birmingham on: 0121 414 4909, via email: c.oliver@bham.ac.uk or post: Professor Chris Oliver, School of Psychology, University of Birmingham, Edgbaston, B15 2TT. Alternatively, please contact Karen Kings (administrator) at the University on: 0121 414 4908 via e mail: k.s.kings@bham.ac.uk *Responding to this leaflet does not in any way commit you to participation in the study. We will give you some more information, you can discuss the project with us and then you can decide what to do in your own time.*



Institute of
Psychiatry

at The Maudsley